



EAGLES GYMNASTICS CLUB

email: admin@eaglesgymnastics.co.uk

BG Club Number: 82474

Visit us on Facebook: www.facebook.com/eaglesgym

Code of Conduct - Gymnasts

- Please be ready for your session 5 minutes before you are due to start.
- Have a drink (water) with you for every session.
- Remove all jewellery, including earrings, necklaces, bracelets & rings.
- Hair is to be tied back securely in a bun or plaits.
- Clothing: leotard and shorts for girls and boys. Or shorts and t-shirts. If you are not wearing suitable clothing you will not be able to take part in your session. Leggings are acceptable provided they do not impede freedom of movement.
- You are not permitted on any equipment until your coach has advised you to do so.
- Please listen to your coach at all times and follow their instructions.
- All members are expected to maintain a good standard of behaviour at all times and must treat all coaches & fellow gymnasts with respect. See our behaviour policy for sanctions for poor behaviour.
- Failure to attend your class on a regular basis without a valid reason and prior notification will result in losing your place.
- Any injuries that have occurred within the gym must be reported to a coach in order that the relevant accident forms are completed.
- Any discipline matters or concerns should be discussed with the gymnasts coach or alternatively with the head coach or CWO at a mutually convenient time.
- No food is to be consumed within the gym.
- No mobile phones in the gym.